

## **Wareing's Gym Child Sitting Policies and Waiver**

It is understood that Wareing's Gym is providing child sitting services as an added benefit to our members and guests. Although we are not a "Day Care" center, there are certain policies and guidelines that will need to be adhered to. You acknowledge you understand these rules and agree to comply with all policies.

- Children must be at least 6 weeks old.
- Maximum stay is limited to 2 hours.
- Please sign every child in each time you come in for a workout.
- The parent/guardian must remain on the premise at all times while your child is in child sitting.
- The parent/guardian accepts and understands that in the event the childcare staff have exhausted their options in efforts to either console a child or correct behavior, you will be asked to take a pause from your gym activities to personally address the situation.
- If your child is sick, please do not bring them in. We do not want to pass illnesses from one child to the next.
- The staff will not change diapers. We will notify you if restroom assistance is needed. Please provide all necessities your child will need (diapers, wipes, etc.)

All children are required to have an active child sitting membership (day/month/year access). For annual memberships, the parent/guardian will get a key fob that will grant them access to the secure rear door to the child sitting area.

It is our strong desire to continue offering great child sitting services for you. To show appreciation to the staff, we strongly encourage providing a gratuity of \$2 or more per hour the child is in child sitting.

**The undersigned(s) being the lawful parent(s) and/or guardian(s) of the below child, hereby consent to the participation by the child in all child sitting activities conducted by the Wareing's Gym Child Sitting and to the participation of the child in all events related to said activities.**

**The undersigned hereby further authorize(s) any of the staff, employees, agents and representatives of Wareing's Gym Child Sitting to provide for, approve and authorize any health care at any hospital, emergency room, doctor's office or other institution, employ any physicians, dentists, nurses or other person whose services may be needed for such health care, review and if necessary disclose the contents of medical records, execute any consent form required by medical, dental or other health authorities incident to the provision of medical, surgical or dental care to the child. Health care shall include, but not be limited to the administration of anesthesia, x-ray, examination, and performance of operations, diagnostics and other procedures.**

**The undersigned(s) hereby further authorize(s) emergency transportation by either the daycare personnel or if necessary, by ambulance or other emergency vehicle. If there is no medical emergency, the day care staff will first use reasonable efforts to contact the parent(s) and/or guardian(s) before administering or authorizing any treatment.**

**Notwithstanding, other provisions, in this consent form, Wareing's Gym Child Sitting shall not have the authority to withhold or withdraw life-sustaining procedures for the child.**

**The day care is well child-proofed and the children are consistently well supervised. However, accidents do happen. The undersigned(s) assume(s) all risk of injury or harm to the child associated with participation in child sitting and agree(s) to release, indemnify, defend and forever discharge Wareing's Gym Child Sitting and it's staff, employees, and agents of and from all liability, claims, demands, damages, costs, expenses, actions and causes of action in respect of death, injury, loss or damage to the child, or by the child, howsoever caused, arising or to arise by reason of or during the child's participation in child sitting.**

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Guardian's Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Alternative Emergency Contact: \_\_\_\_\_

Phone Number: \_\_\_\_\_